

Foreword

**By Elaine Gentry,
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When I first read "I Will Give You Rest," I was so grateful and excited. At last someone had written a simple, easy to understand explanation of inner healing. I immediately began passing copies out to everyone.

I have been a teacher, minister, and prayer counselor for 20 years. It all started when I myself experienced miraculous healing and transformation, primarily through the ministry of John and Paula Sandford.

During my time in ministry I have seen thousands of other lives transformed and healed as I had been. Jesus did provide the way out of our pain and difficulty, but we do need to understand how to have our sinful roots and structures healed. This process can be a very painful and difficult process, but so very rewarding. It is the only way to rest and peace.

However, there has long been the need for a single, simple instruction book for people to follow in their healing process.

This is the book that has been needed. Ed writes simply and clearly, and he uses diagrams, illustrations, and examples which make it easy to comprehend the sometimes complex material.

One of the most significant aspects of Ed's book is the emphasis on the truth that each person has a treasure that God placed in them at conception. We all have a divine destiny, and God has equipped each of us with the unique gifts and resources necessary to live out that destiny. However, for many people that treasure has been buried and ineffective.

Therefore part of becoming whole is to allow that God-given gift, which is the wonderful "real you," to be released and brought forth to bless the world. This necessity has seldom been taught, but I have found that complete freedom and healing can not occur without the unveiling of your treasure inside. After all, this has always been God's plan for you.

I am so happy you have this book in your hands. I am sure it is a divine appointment for you, and I pray you will find all the treasure inside yourself.

Elaine Gentry is the Founder and Director of Tender Mercies Ministries, Birmingham, Alabama. Since 1990 Ms. Gentry has been conducting inner healing seminars and retreats on the model laid down by John and Paula Sandford of Elijah House Ministries. Her ministry has touched literally thousands of lives.